PHYSICAL EXERCISES

- Yoga
- Aerobics
- Zumba
- Mass PT
- March Past
- Meditation

- **Housewise competition**
  - Basketball
  - Kabbadi
  - Sepak Takraw
  - Foot Ball
  - Hockey
  - Taekwon Do
  - Cricket

(Meditation)

(Mass PT)

(Yoga)

(Zumba)

(Inter House Games Opening Ceremony)

Kabbadi

(Glimpses of Inter House Tournaments played in school)

CRICKET

FOOTBALL

HANDBALL

KABADDI

SEPAK TAKRAW

TAEKWONDO

YOGA

HOCKEY

TUG OF WAR

SPORTS DAY

VOLLEYBALL

VOLLEYBALL